

HYMNALS WE USE: H82: (Blue); LEVAS: (Black and Red); WLP: (Green)

PRELUDE

THE WORD OF GOD

OPENING RITE

Please stand as you are able.

Exodus 16:2-4, 9-15

Celebrant	Blessed be the one, holy, and living God.
People	Glory to God for ever and ever.

Hymn

Glorious things of thee are spoken

H82 #522

THE COLLECT OF THE DAY

CelebrantMay God be with you.PeopleAnd also with you.CelebrantLet us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE FIRST READING

A Reading from the Book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining." And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God." In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

Reader The Word of the Lord.

People Thanks be to God.

PSALM 78:23-29

- 23 So he commanded the clouds above and opened the doors of heaven.
- 24 He rained down manna upon them to eat and gave them grain from heaven.
- 25 So mortals ate the bread of angels; he provided for them food enough.

Attendite, popule

- 26 He caused the east wind to blow in the heavens and led out the south wind by his might.
- 27 He rained down flesh upon them like dust and winged birds like the sand of the sea.
- 28 He let it fall in the midst of their camp and round about their dwellings.

29 So they ate and were well filled, for he gave them what they craved.

THE SECOND READING

A Reading from Paul's Letter to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive;

he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader The Word of the Lord. People Thanks be to God.

SEQUENCE HYMN	All who hunger gather gladly	WLP #761
THE GOSPEL		John 6:24-35

Priest The Holy Gospel of our Lord Jesus Christ according to John. Glory to you, Lord Christ. People

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat."" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Priest The Gospel of the Lord. Praise to you, Lord Christ. People

THE SERMON

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

The Rev. Jonathan Eden Please stand as you are able.

- We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.
- We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE FORM III

Standing or Kneeling, the Leader and People pray responsively.

Intercessor Father, we pray for your holy Catholic Church;

People That we all may be one.

In the Diocesan Cycle of Prayer, we pray for St. Elizabeth's Church, Wilmington; Parish of the Epiphany, Winchester; St. John's Church, Winthrop; Trinity Church, Woburn; and all Parish Historians Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for Michael, Alan, and Carol, our Bishops; for Sean and Julia, our Bishops-Elect; and for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

We pray for all those who have requested our prayers, especially Marilyn, Marcia, Ken, Emerson, Kenneth, Lynnette, Christina, Carol, Julie, Stanley, Peter, Felix, Mary, Catherine, Michael, Parker, Sergio, Martha, Anne, Patricia, Maureen, Rachael, Louise, Scott, Kathleen, Paul, Eddy, Christopher, and for those we now name either silently or aloud *(pause)*. Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

We pray for all those whom we love, but see no longer, especially those we now name either silently or aloud *(pause)*. Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others, either silently or aloud (pause).

Celebrant O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

CONFESSION OF SIN

Celebrant Let us confess our sins to God.

All God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Please kneel as you are able

Celebrant Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

CelebrantThe Peace of Christ be always with you.PeopleAnd also with you.

ANNOUNCEMENTS

OFFERTORY HYMN

I am the bread of life

Please stand as you are able. H82 #335

THE HOLY COMMUNION

THE GREAT THANKSGIVING

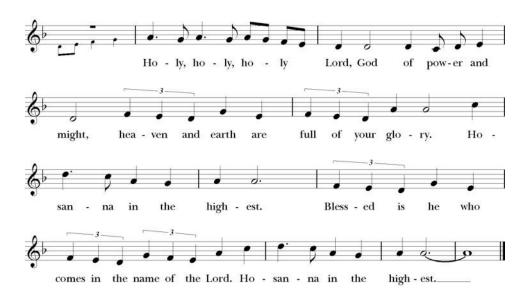
Enriching Our Worship 2

Celebrant	May God be with you.	People	We lift them to the Lord.
People	And also with you.	Celebrant	Let us give thanks to the Lord our God.
Celebrant	Lift up your hearts.	People	It is right to give God thanks and praise.

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a parent cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

SANCTUS

H82 #S 129



Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you. On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for

you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with [_______ and] all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy

Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

FRACTION ANTHEM

A period of silence is kept.

WLP #865



Celebrant The Gifts of God for the People of God.

Everyone is welcome to receive Holy Communion at Emmanuel Church.

POST-COMMUNION PRAYER

Celebrant Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

BLESSING

A11

Live without fear: your Creator has made you holy, has always protected you, and loves you as a parent. Go in peace to follow the good road, and may God's blessing be with you always. **Amen.**

Hymn

Revive Us Again

LEVAS #157

DISMISSAL

Celebrant	Let us go forth rejoicing in the power of the Spirit. Alleluia, alleluia.
People	Thanks be to God. Alleluia, alleluia.

POSTLUDE

WELCOME TO EMMANUEL CHURCH



We are glad that you have joined us today, and pray that you will know God's presence through our worship and in this community. Wherever you are in your journey with God or toward God, you are welcome here. Indeed, you are invited and welcome in our pews and in all the things we do as a community each week. We would also love to be in better touch throughout the year. Please reach out to our Priest in Charge, the Rev. Jonathan Eden, at therev.jonteden@gmail.com or at 617.798.0700 for more information.

We meet every Sunday at 10:00 AM for worship. By scanning the first QR Code below, you can follow us on the web to find out more about who we are and what we're doing.

Your support is very important to us, and crucial to making sure we are always here for you. Scan the second QR Code below to donate easily and quickly on line.

SOCIAL MEDIA AND WEBSITE



SERVING TODAY

Celebrant and Preacher Altar Guild Lector Gift Bearers Organist

PARISH DIRECTORY

The Parish Office	21 Stratford St, WR 02132	Vestry Co-Wardens	Cathy McCarthy
	617-323-1440		Ken Thelen
	www.emmanuelwr.org	Treasurer	Kellon Belfon
Priest in Charge	The Rev. Jonathan Eden	Clerk	Anne Jackson
	therev.jonteden@gmail.com	Vestry	Ed Barrett, Peggy Byrne
	617.798.0700	7	Ferri Halliday, Gail Halpin-Evans
Office Hours	Mon 9 a.m4:30 p.m.		

PARISH PRAYER LIST

If you would like to add someone to the prayer list, please be in touch with The Rev. Jonathan Eden.





The Rev. Jonathan Eden Weekly Volunteers Ed Fleming Weekly Volunteers Esther Kwok